

| Week | Date | 8:15 p.m. | | | | 9:15 p.m. | | | | 10:15 p.m. | | | | |
|-----------|------------|---|-----|--------------|--------------|-----------|--------------|-----------|-----|--------------|--------------------|-----------------|------------------|------------------|
| | | Home | | vs | Away | | Home | | vs | Away | | Home | | vs |
| 1 | Sept. 23rd | 3 | vs | 0 | 0 | vs | 1 | 1 | vs | 3 | Player of the Game | Andrea Coutu | Julia Sunga | Nicole Clark |
| 2 | Sept. 30th | 0 | vs | 2 | 5 | vs | 0 | 2 | vs | 2 | Player of the Game | Sara Mayled | Amy Decordova | Arlene Coates |
| 3 | Oct. 7th | 0 | vs | 1 | 2 | vs | 7 | 0 | vs | 3 | Player of the Game | Michelle Weeks | Barb Dechert | Chris Mayled |
| 4 | Oct. 14th | 0 | vs | 0 | 4 | vs | 0 | 1 | vs | 4 | Player of the Game | Wendy Derjugin | Katrina Sammut | Natalie Butler |
| 5 | Oct. 21st | 2 | vs | 0 | 1 | vs | 2 | 1 | vs | 3 | Player of the Game | Terri Turner | Brooke Hill | Alicia Mell |
| 6 | Oct. 28th | 1 | vs | 2 | 3 | vs | 0 | 3 | vs | 0 | Player of the Game | Cynthia Roy | Megan Borduas | Sarah Ducker |
| Nov. 4th | | NO GAME | | | | NO GAME | | | | NO GAME | | | | |
| 7 | Nov. 11th | 2 | vs | 3 | 3 | vs | 3 | 0 | vs | 2 | Player of the Game | Wendy Derjugin | Emma McCulloch | Pam Monrad |
| 8 | Nov. 18th | 3 | vs | 6 | 3 | vs | 0 | 2 | vs | 4 | Player of the Game | Kerri Davis | Mandy Hathway | Ruth McAlister |
| 9 | Nov. 25th | 3 | vs | 2 | 0 | vs | 1 | 2 | vs | 3 | Player of the Game | Carrie Hewitson | Julia Sunga | Alicia Mell |
| 10 | Dec. 2nd | 3 | vs | 0 | 1 | vs | 1 | 5 | vs | 0 | Player of the Game | Diana Beattie | Catherine Barnes | Alicia Mell |
| 11 | Dec. 9th | 2 | vs | 0 | 1 | vs | 3 | 4 | vs | 2 | Player of the Game | Julia Sunga | Nicole Clark | Juanita Goodyear |
| 12 | Dec. 16th | 3 | vs | 2 | 0 | vs | 2 | 4 | vs | 1 | Player of the Game | Alana Lefebvre | Deanna Nielsen | Brenda Quance |
| Dec. 23rd | | NO GAME | | | | NO GAME | | | | NO GAME | | | | |
| 13 | Dec. 30th | 0 | vs | 1 | 5 | vs | 1 | 0 | vs | 1 | Player of the Game | Emma McCulloch | Julia Sunga | Amy Decordova |
| 14 | Jan. 6th | 0 | vs | 0 | 1 | vs | 3 | 1 | vs | 0 | Player of the Game | Patricia Moore | Mandy Hathway | Bev Drury |
| 15 | Jan. 13th | 3 | vs | 1 | 1 | vs | 4 | 1 | vs | 3 | Player of the Game | Ashly McKay | Cynthia Roy | Taylor Clarke |
| Jan. 20th | | NO GAME | | | | NO GAME | | | | NO GAME | | | | |
| 16 | Jan. 27th | Boston | vs | Scorpions | Metallica | vs | Led Zeppelin | Van Halen | vs | AC/DC | | | | |
| 17 | Feb. 3rd | Van Halen | vs | Led Zeppelin | Scorpions | vs | AC/DC | Metallica | vs | Boston | | | | |
| 18 | Feb. 10th | AC/DC | vs | Boston | Van Halen | vs | Metallica | Scorpions | vs | Led Zeppelin | | | | |
| 19 | Feb. 17th | Scorpions | vs | Van Halen | Led Zeppelin | vs | Boston | AC/DC | vs | Metallica | | | | |
| 20 | Feb. 24th | Led Zeppelin | vs | AC/DC | Metallica | vs | Scorpions | Boston | vs | Van Halen | | | | |
| 21 | Mar. 3rd | Boston | | Metallica | Scorpions | | Van Halen | AC/DC | | Led Zeppelin | | | | |
| PLAYOFFS: | | ***Standing below based on Regular season points*** | | | | | | | | | | | | |
| 22 | Mar. 10th | G1 | 1st | vs | 6th | G2 | 2nd | vs | 5th | G3 | 3rd | vs | 4th | |
| 23 | Mar. 17th | G5 | 3rd | vs | 5th | G6 | 1st | vs | 4th | G7 | 2nd | vs | 6th | |
| 24 | Mar. 24th | G8 | 2nd | vs | 4th | G9 | 3rd | vs | 6th | G10 | 1st | vs | 5th | |
| | | ***Standing below based on playoff points*** | | | | | | | | | | | | |
| 25 | Mar. 31st | CH | 1st | | 2nd | CO | 3rd | | 4th | PO | 5th | | 6th | |
| | | (Championship Game) | | | | | | | | | | | | |