

| Week Date | | 8:15 p.m. | | | 9:15 p.m. | | | 10:15 p.m. | | | | | |
|-----------|--------------------|----------------------------|---------------|------|---------------------|----|----------------|-----------------|----------------|------|--------------|----|----------------|
| | | Home | vs | Away | Home | vs | Away | Home | vs | Away | | | |
| 1 | Apr. 26th | 0 | vs | 3 | 0 | vs | 3 | 1 | vs | 1 | | | |
| | Player of the Game | Catherine Barnes | | | Jenn Crawford | | | Marilou Dixon | | | | | |
| 2 | May 3rd | 2 | vs | 1 | 1 | vs | 0 | 0 | vs | 2 | | | |
| | Player of the Game | Pam Hammer | | | Stephanie Tsandelis | | | Emma McCulloch | | | | | |
| 3 | May 10th | 1 | vs | 3 | 1 | vs | 2 | 2 | vs | 3 | | | |
| | Player of the Game | Bev Drury | | | Victoria McShannon | | | Sarah Leslie | | | | | |
| 4 | May 17th | 2 | vs | 4 | 1 | vs | 1 | 4 | vs | 1 | | | |
| | Player of the Game | Anna Albrecht | | | Lindsay Van Wyck | | | Sarah Metzger | | | | | |
| 5 | May 24th | 10 | vs | 2 | 1 | vs | 1 | 2 | vs | 0 | | | |
| | Player of the Game | Jen Renton | | | Maureen Long | | | Jessica Fry | | | | | |
| 6 | May 31st | 2 | vs | 3 | 4 | vs | 2 | 1 | vs | 1 | | | |
| | Player of the Game | Carrie Hewitson | | | Christina King | | | Kerri Paranosic | | | | | |
| 7 | June 7th | 3 | vs | 1 | 1 | vs | 2 | 1 | vs | 6 | | | |
| | Player of the Game | Rebekah Reeves | | | Kerri Davis | | | Emily Mayer | | | | | |
| 8 | June 14th | 1 | vs | 4 | 2 | vs | 3 | 3 | vs | 0 | | | |
| | Player of the Game | Lisa Pryor | | | Sara Metzger | | | Beth Greenfield | | | | | |
| 9 | June 21st | 4 | vs | 2 | 2 | vs | 3 | 1 | vs | 1 | | | |
| | Player of the Game | Dianna Beattie | | | Jessica Shantz | | | Janice Merkley | | | | | |
| 10 | June 28th | 3 | vs | 2 | 3 | vs | 2 | 2 | vs | 6 | | | |
| | Player of the Game | Amy Decordova | | | Michele Mantynen | | | Jen Crawford | | | | | |
| 11 | July 5th | 2 | vs | 4 | 1 | vs | 2 | 1 | vs | 2 | | | |
| | Player of the Game | Ashly McKay | | | Michelle Desormeaux | | | Deanna Nielsen | | | | | |
| 12 | July 12th | 0 | vs | 0 | 2 | vs | 0 | 0 (Forfeit) | vs | 3 | | | |
| | Player of the Game | | | | Diana Beattie | | | Lauren Moynihan | | | | | |
| 13 | July 19th | 1 | vs | 0 | 1 | vs | 3 | 2 | vs | 2 | | | |
| | Player of the Game | Meagan Byrne | | | Brooke Hill | | | Janis Lapins | | | | | |
| 14 | July 26th | 1 | vs | 1 | 3 | vs | 1 | 4 | vs | 0 | | | |
| | Player of the Game | Kari Phillips | | | Jen Lecours | | | Wendy Derjurgin | | | | | |
| 15 | Aug. 2nd | 1 | vs | 2 | 2 | vs | 4 | 5 | vs | 1 | | | |
| | Player of the Game | Dianna Beattie | | | Jessica Shantz | | | Deb Kussmann | | | | | |
| | PLAYOFFS: | | | | | | | | | | | | |
| 16 | Aug. 9th | G1 | 2 | vs | 0 | G2 | 3 | vs | 0 | EX | 2 | vs | 1 |
| | Player of the Game | Lynne Lalonde | | | Emily Mayer | | | Jessica Shantz | | | | | |
| 17 | Aug. 16th | G3 | Bench Warmers | vs | Rink Rats | G4 | Sharp Shooters | vs | Cherry Pickers | G5 | Goal Diggers | vs | Buzzer Beaters |
| | *** NO GAME | | | | | | | | | | | | |
| 18 | Aug. 30th | CH | Winner G4 | vs | Winner G5 | CO | Loser G4 | vs | Loser G5 | EX | Loser G1 | vs | Loser G2 |
| | | (Championship Game) | | | | | | | | | | | |